



Ron & Tanzy Osborne

Healthy Home News

"Secrets For Living A Healthy, Wealthy & Happy Life..."

7 "Offbeat Holidays" You Can Celebrate in July

The 4th of July – Independence Day – is a blast to celebrate! But did you know there are some offbeat ones too? Here are 7 you may want to consider having fun celebrating as well.

1. **July 2 – World UFO Day.** According to the *World UFO Day website*, celebration of unidentified flying objects officially began in 2001. July 2nd commemorates the supposed UFO crash in the 1947 Roswell, New Mexico UFO incident. The stated goal of the July 2 celebration is to raise awareness of the "undoubted existence of UFOs" and to encourage governments to declassify their files in UFO sightings. (How will you celebrate? ☺)
2. **July 6 – International Kissing Day!** Get ready to pucker up! This holiday, originally known as *National Kissing Day* in the United Kingdom, is now an international holiday that helps us remember the simple pleasure a kiss can bring.
3. **July 10 – Teddy Bear Picnic Day.** In the early 20th century, a guy named John Walter Bratton composed a song titled *The Teddy Bears' Picnic*. In the 1980s the day became a holiday and remains popular throughout Europe, Australia, and among many stuffed bear circles around the world.
4. **July 19 – National Flitch Day.** A "flitch" is a measurement of bacon, today known as a slab. Back in the 15th century an English custom was to award married couples a flitch if they had been loving and faithful to each other for a year, and wanted to stay married. Today the flitch ceremony takes place every four years, and is still "all about the bacon."
5. **July 28 – Talk in an Elevator Day.** Most people don't chat much when standing in an elevator, but on this day you're encouraged to do so. Go ahead and ride an elevator and chat it up. It's on the last Friday of July each year.
6. **July 27 – Bagpipe Appreciation Day.** This is a celebration of the history of the Bagpipe. Though linked to the Scottish, the largest producer in the world is Pakistan! (You can share this fact on Bagpipe appreciation day.)
7. **July – National Ice Cream Month.** A U.S. holiday appropriate to celebrate anywhere - in 1984 President Ronald Reagan declared July as *National Ice Cream Month*, and the third Sunday of the month (the 16th this year) as *National Ice Cream Day*. Enjoy!

**Get Exclusive Specials When You "Like" us at
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Three remarkable websites to check out:

A Soft Murmur

This website is absolutely amazing if you have enough disturbance around you. Just plug in your headphones and select the kind of ambient sounds you would prefer. Select the intensity too after selecting the sound among Rain, Wind, Thunder, Birds and much more.

www.asoftmurmur.com

Honest Slogans

Just as the title says it, this website is an amazing collection of hundreds of brands and their Slogans re-imagined. While brands make their own efforts of marketing with Slogans, this is a playful take on them.

www.honestlogans.com

The Oatmeal

The Oatmeal is one of the finest Comic websites targeting all the recent events and product launches. The guy is a big fan of Nikola Tesla and even convinced Elon Musk to invest in a Tesla Museum! Learn and enjoy the simple language and beautiful comics from this website.

www.theoatmeal.com

Source: *Beeboom*

Get Inspired

“We make a living by what we get, but we make a life by what we give.”

– *Winston Churchill*

Tanzy's Corner

Ingredients

4 cups fresh blueberries
1 cup all-purpose flour
3/4 cup white sugar
1/2 teaspoon ground cinnamon
1/2 cup mayonnaise

Directions

Preheat the oven to 350 degrees F (175 degrees C).
Place the blueberries into an 8 inch square baking dish. In a medium bowl, stir together the flour, sugar, and cinnamon. Stir in the mayonnaise until the mixture resembles coarse crumbs. Sprinkle over the top of the berries.
Bake for 35 to 40 minutes in the preheated oven, until the top is lightly browned.

See Insert This Issue...



See Insert! “Discover The Professional’s “Secret” To Keeping Carpets Looking New For A Long, Long Time...”

8 Great Places to Visit in July

July is a fun month throughout the world. Here are some of the many great places we're told are awesome to visit in the month of July. (If you have a suggested destination you've enjoyed in the past, let me know and I may include it in a future newsletter. Thanks!)

1. **Tuscany, Italy.** July is peak season in Tuscany. The weather is quite warm, but it's nice for days along poolside at a Tuscany villa or hotel. It's been said that no trip to Tuscany is complete until you visit the vineyards (It's best to see the vineyards with a local guide).

2. **Baden Baden, Germany.** This amazing German town is known as a spa town/wellness retreat, and is located in southwestern Germany's Black Forest, close to the border with France. Its thermal baths brought fame as a resort beginning in the 1800s. In July, Baden Baden hosts its annual Summer Festival in the Festival Hall, which includes everything from opera to piano concertos. (Sounds great!)

3. **Wales, U.K.** This is a hot destination for many throughout the world. It boasts amazing activities ranging from extensive zipline courses, to an underground trampoline park. Wales attracts people who love to climb, hike and surf – it has absolutely beautiful rugged terrain. There's much to be enjoyed in July, including an annual Gower Festival with all kinds of artists and performers taking over ancient churches. There's an international food and drink festival in the middle of the month, where local farmers and vendors share their produce and recipes.

4. **Isinki, Finland.** The weather is fantastic in July (average high is 70, low is 52)...AND...prices are lower because many in the city are on vacation. The place has incredible restaurants and is ideal for a summer visit.

5. **Cape Town, South Africa.** At present your money can go a long way in Cape Town as the currency is weak, and July is low season. The temperature cools because it's winter in July, just take along a light jacket for dinner. The crowds are much smaller in July, and it's said the restaurants, markets and galleries are awesome.

6. **Hvar, Croatia.** A place that sounds awesome, Hvar is a Croatian island and is influenced by Greek and Roman cultures. It has beaches, fortresses and ancient theaters to visit, and wineries too. It's said there are European heirs and heiresses who show upon yachts sometimes. How will people react when YOU show up? ☺

7. **Melbourne, Australia.** July is in the middle of the winter down under, so the temperatures are cool. It's also an ideal time to visit a city that's already budget friendly. Melbourne has great galleries and shops, and I hear it's a great place to enjoy the Aussies.

Quotes for July...

“It is health that is real wealth, and not pieces of gold and silver.” – *Mahatma Gandhi*

“The world turns aside for any man to pass who knows where he is going.” – *Epictitus*

“We shall never know all the good a simple smile can do.” – *Mother Teresa*

A brief history of July 4th Celebration



Have you ever wondered why we celebrate the Fourth of July or how the Fourth of July holiday came about? Many people think we celebrate the Fourth of July because it is the day we received our Independence from England. While those people are thinking along the right track, that is not the entire reason that we celebrate the Fourth of July, nor is it the reason that the Fourth of July holiday came about.

The Fourth of July is known as Independence Day because that is the day that the Second Continental Congress adopted the full and formal Declaration of Independence. Even though we had declared that we were independent, the American Revolution was still being fought, which meant that we were still not independent. Regardless of the ongoing war the following year, people in Philadelphia celebrated a muted Fourth of July.

While celebrations on July 4th during the American Revolution were modest, after the war ended in 1783 the Fourth of July became a holiday in many places. The celebrations included speeches, military events, parades, and fireworks. To this day the Fourth of July is the most patriotic holiday celebrated in the United States. (Source: *Surf Net Kids*)

July Fun Facts



The birthstone for July is the Ruby.

The zodiac signs for July are Cancer (June 21 - July 22) and Leo (July 23 - August 22)

The birth flower for July is the water lily.

The month of July was named after Julius Caesar.

On July 1, 1867, the Dominion of Canada was established due to the British North America Act.

During World War I on July 1, 1916, the Battle of Somme began.

On July 5, 1971, Amendment 26 was proclaimed which set the voting age at 18 in the United States.

On July 16, 1790, District of Columbia was established.

July 1 is Canada Day.

July is National Blueberry Month.

July is National Hot Dog Month.

July Birthstone: The Ruby

The ruby's name comes from *ruber*, Latin for red. Rubies have a hardness of 9.0 on the Mohs scale of mineral hardness; among the natural gems only diamond is harder, with a Mohs rating of 10.0.

All natural rubies have imperfections in them, including color impurities and inclusions of rutile needles known as "silk". Gemologists use these needle inclusions found in natural rubies to distinguish them from synthetics, stimulants or substitutes. Usually the rough stone is heated before cutting. Almost all rubies today are treated in some form, with heat treatment being the most common practice. However, rubies that are completely untreated but still of excellent quality command a large premium.

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Inside This Issue You Will Discover...

- ✓ **7 "Offbeat Holidays" you can celebrate in July...including National Ice Cream Day!**
- ✓ **8 Amazing Places to Visit in July... Ever been to the beautiful Hvar, Croatia?**
- ✓ **PLUS MORE ... "How'd July get it's name?"**
- ✓ **Thank You's, Fun Websites, Famous Quotes...AND...**

Discounts, Specials And Much, Much MORE!

Keep Reading Inside...

Who Wants To Win Happy Day Certificates?

**Take my Trivia Challenge
And you could win too!**

This is one of my favorite parts of the newsletter! Each month, I'll give you a new trivia question. Call or email with the correct answer before the 19th to be entered into a drawing where 2 people will win **A \$15 Happy Day Card**. Enjoy a night out on me with someone special in your life! Take your best guess, and then call me at **743-9664** or email **osbornes@cableone.net**! Remember, your chances of winning are better than you think!

This month's Mega Trivia Question:

Which city does NOT have summer in July?

- A) Isinki, Finland B) Cape Town, South Africa
C) Hvar, Croatia D) Baden Baden, Germany

Hint: You'll find the answer in the newsletter.

Last Months Winner:



Discover The Professional's "Secret" To Keeping Carpets Looking New For A Long, Long Time...

Hello friends and clients! How would you like to have a dinner party and not even flinch when your overly animated neighbor knocks over his glass of red wine? Or, how would you like to have "pizza night" with the family and not bat an eye when Junior drops his slice of greasy pepperoni face down on the carpet?

Maybe until now things like red wine and pizza have been banished to the kitchen because of your fears of ruining your beautiful carpet. Well fear not. Today's carpet protection is the professional carpet cleaner's best "secret" to extending the life of your carpet.

What Exactly Is "Carpet Protection"?

When you got your carpet new, the factory had applied a product that coated each fiber and created a barrier of sorts against stains, soils and oils. But with time, wear, and even cleanings this protective coat begins to diminish and needs to be re-applied.

That's where I can help. **I can re-apply a factory-approved product that will keep your carpet looking and performing as good as new.** A lot of folks skip this important step and end up with stained, tired looking carpet that looks old before it's time. If you are one of those people who never saw the value of re-applying carpet protection, just think of it as the "SPF of carpets". You wouldn't dare go out in the sun these days without your layer of SPF "protection" to keep your skin looking fresh and new. Well, your carpet needs its protection too! It needs that little layer of protection to protect against everything from dry soils to grease and wine spills.

Of course, when you protect your carpet it doesn't mean you can just let spots and spills sit there – all spills and spots must be attended to promptly. I recommend using hot tap water with a touch of mild soap (no bleach!) and just blotting with a clean absorbent white towel – never rub or scrub because you'll only tear up your fibers.

Still, sometimes I hear this....

"I've Paid For Carpet Protection Before & Couldn't Tell A Difference."

That could be a good thing. You want your carpet to perform as it did new from the factory. However, there are instances where a cleaner may not be using a good product, may not be applying it correctly, or may not use the proper tools to apply it with. **That's why I guarantee everything – even the performance of my carpet protection - with a 100% money back guarantee.**

Now, to encourage you to remember to protect your carpet I'm offering an irresistible offer for the month of July. Check it out!

Pencil Us In! Call Osborne's Cleaning at 208-743-9664 before July 31, 2017 and receive one room up to 200 square feet protected for free*! A \$40 Cash Value absolutely free! You'll see how beneficial it is to maintain the protection of your carpets! Plus \$25 off on carpet cleaning.

But hurry offer ends July 31, 2017!

*not valid with other offers. \$100 minimum applies.



